

## Child Sexual Exploitation (CSE) Checklist



The following list is not exhaustive but highlights indicators of risk and vulnerabilities associated with sexual exploitation. Information known about any of these issues should be shared when a referral is made.

Health	Present
Physical injuries such as bruising suggestive of either physical or sexual assault	Yes / No / Possibly
A sexually transmitted infection, particularly if it is recurring or there are multiple STIs	Yes / No / Possibly
Pregnancy / abortion / miscarriage	Yes / No / Possibly
Sexually risky behaviour	Yes / No / Possibly
Self-harming	Yes / No / Possibly
Thoughts of or attempted suicide	Yes / No / Possibly
Eating disorder	Yes / No / Possibly
Change in appearance including losing weight, putting on weight,	Yes / No / Possibly
Evidence of misuse of drugs/alcohol, including associated health problems	Yes / No / Possibly
Learning disability	Yes / No / Possibly
Behaviour	
Sexually offending behaviour	Yes / No / Possibly
Truancy/disengagement with education, or considerable change in performance at school	Yes / No / Possibly
Volatile behaviour exhibiting extreme array of mood swings or abusive language which is unusual for the child	Yes / No / Possibly
Aggressive or violent, including to pets/animals	Yes / No / Possibly
Becoming angry, hostile if any suspicions or concerns about their activities are expressed	Yes / No / Possibly
Physical aggression towards parents, siblings, pets, teachers or peers	Yes / No / Possibly
Detachment from age-appropriate activities	Yes / No / Possibly
Secretive behaviour	Yes / No / Possibly
Known to be sexually active	Yes / No / Possibly

Low self-image, low self-esteem	Yes / No / Possibly
Young offender or anti-social behaviour	Yes / No / Possibly
Sexualised language	Yes / No / Possibly
Hostility in relationship with parents / carers and other family members	Yes / No / Possibly
Getting involved in petty crime such as shoplifting or stealing	Yes / No / Possibly
<b>Grooming</b>	
Entering or leaving vehicles driven by unknown adults	Yes / No / Possibly
Inappropriate use of the Internet and forming relationships, particularly with adults, via the Internet. Note adults may pose as peers to entrap the child.	Yes / No / Possibly
Mobile phone being answered by unknown adult	Yes / No / Possibly
Accounts of social activities with no plausible explanation of the source of necessary funding	Yes / No / Possibly
Having keys to premises other than those they should have	Yes / No / Possibly
Possession of money with no plausible explanation	Yes / No / Possibly
Acquisition of expensive or sexual clothes, mobile phone or other possession without plausible explanation	Yes / No / Possibly
Having new mobile phone, several mobile phones, especially Blackberry or I phone – (because messages cannot be traced).	Yes / No / Possibly
Always have credit on their mobile phones, despite having no access to money or having no credit so phone can only be used for incoming calls.	Yes / No / Possibly
Excessive use of mobile phones including receiving calls late at night	Yes / No / Possibly
Reports that the child / young person has been seen in places known to be used for sexual exploitation	Yes / No / Possibly
Unexplained relationships with older adults	Yes / No / Possibly
Associating with other young people who are known to be sexually exploited, including in school	Yes / No / Possibly
Sexual relationship with a significantly older person	Yes / No / Possibly
Phone call, texts or letters from unknown adults	Yes / No / Possibly
Recruiting others into sexual exploitation	Yes / No / Possibly
Seen at public toilets known for cottaging or adult venues (pubs and clubs)	Yes / No / Possibly
Adults loitering outside the child/young person's usual place of residence or school	Yes / No / Possibly
Leaving home/care setting in clothing unusual for the individual child (inappropriate for age, borrowing clothing from older young people)	Yes / No / Possibly
Wearing an unusual amount of clothing (due to hiding more sexualised clothing underneath or hiding their body)	Yes / No / Possibly



Persistently missing, staying out overnight or returning late with no plausible explanation	Yes / No / Possibly
Returning after having been missing, looking well cared for in spite of having no known home base	Yes / No / Possibly
Returning after having been missing looking dirty, dishevelled, tired, hungry, thirsty	Yes / No / Possibly
Missing for long periods, with no known home base and/or homeless	Yes / No / Possibly
Possession of excessive numbers of condoms	Yes / No / Possibly
New contacts with people outside of town	Yes / No / Possibly
<b>Looked after children</b>	
Living in residential care	Yes / No / Possibly
Frequently missing from placement	Yes / No / Possibly
Multiple Placement breakdown	Yes / No / Possibly
Going missing with other children	Yes / No / Possibly
<b>Family and Social</b>	
A family member or known associate working in the adult sex trade	Yes / No / Possibly
Unsure about their sexual orientation, or unable to disclose sexual orientation to their family	Yes / No / Possibly
History of physical, sexual and / or emotional abuse; neglect	Yes / No / Possibly
Witness to or involved in domestic violence at home	Yes / No / Possibly
Parental difficulties; drug and alcohol misuse, mental health problems, physical or learning difficulty. Being a young carer.	Yes / No / Possibly
Pattern of street homelessness or sofa surfing	Yes / No / Possibly
Living in hostel or B & B accommodation	Yes / No / Possibly
Conflict at home around boundaries, including staying out late.	Yes / No / Possibly
Recent bereavement or loss	Yes / No / Possibly
Gang association either through relatives, peers or intimate relationships	Yes / No / Possibly
Lacking friends their own age	Yes / No / Possibly
Living in a gang neighbourhood	Yes / No / Possibly
<b>E-safety</b>	
Evidence of sexual bullying and/or vulnerability through internet or social networking sites	Yes / No / Possibly
Concern that inappropriate images of a young person are being circulated via the internet/phones	Yes / No / Possibly
Exchanging inappropriate images for cash, credits or other items	Yes / No / Possibly
Receiving gifts through the post from someone the young person does not know	Yes / No / Possibly
Concern that a young person is being coerced to provide sexually explicit images	Yes / No / Possibly
Concern that a young person is being bribed by someone because of their inappropriate online activity	Yes / No / Possibly



Concern that a young person is selling sexual services via the Internet	Yes / No / Possibly
Accessing dating agencies via mobile phones (for example - 2 flirt line)	Yes / No / Possibly
Unexplained increased mobile phone / gaming credits	Yes / No / Possibly